



# The Mouth-Body Connection<sup>®</sup>

Evidence shows if you have periodontal (gum) disease, you are:

## ① Mouth

At a greater risk of tooth decay and oral cancer

## ② Brain

4.5x more likely to suffer from stroke and 2.6x more likely to develop Alzheimer's disease

## ③ Heart

2-3x more likely to suffer from a heart attack and have a higher risk of cardiovascular disease and low-grade inflammation

## ④ Blood Vessels

24-35% more likely to develop plaque in your coronary arteries and more likely to have inflammation in your major arteries especially in the neck and heart

## ⑤ Lungs

At a greater risk of chronic lung infections and influenza

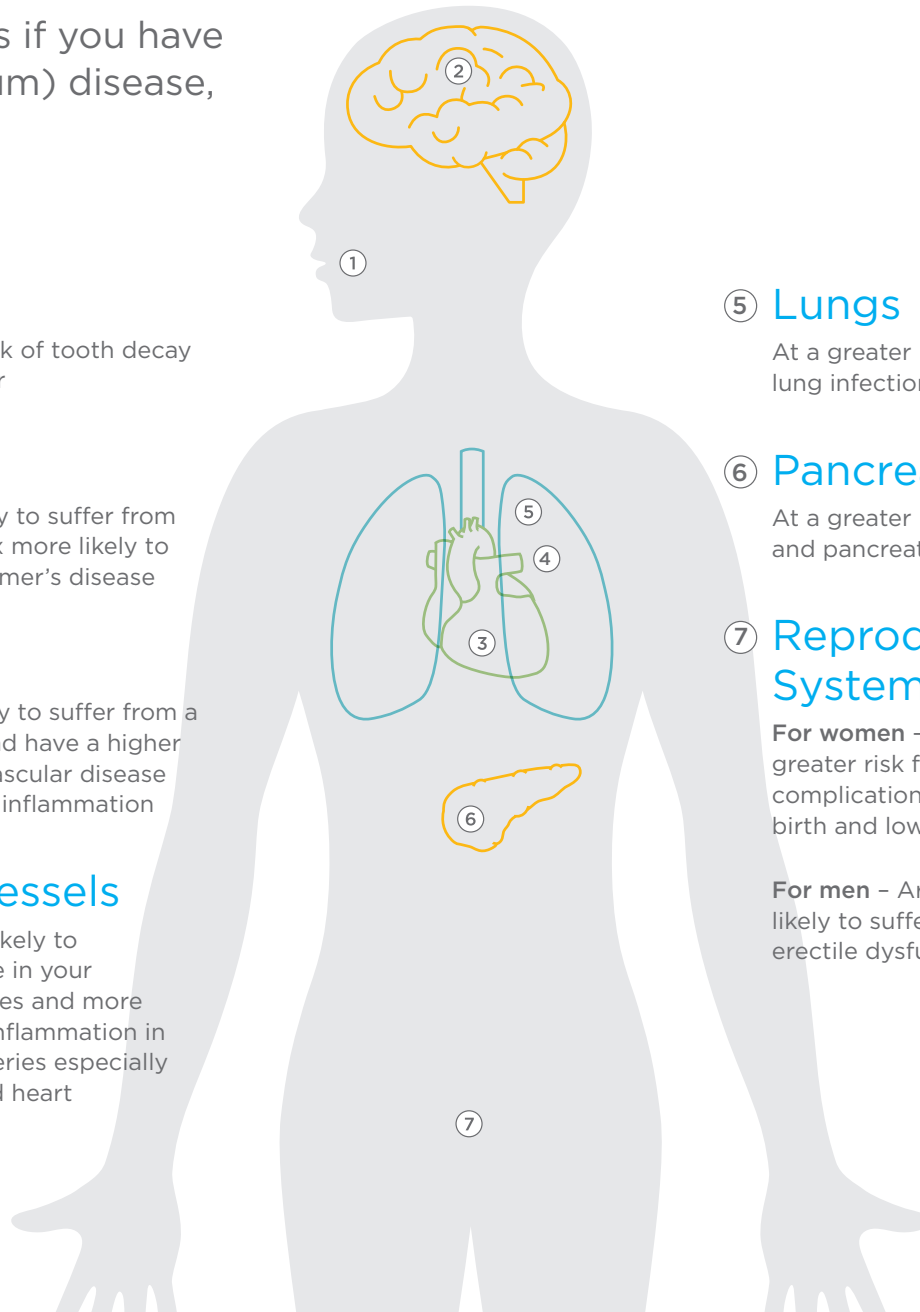
## ⑥ Pancreas

At a greater risk for diabetes and pancreatic cancer

## ⑦ Reproductive System

**For women** - Are at a greater risk for pregnancy complications, such as preterm birth and low birth weight

**For men** - Are 3x more likely to suffer from erectile dysfunction



## Oral Health Is Whole Health

The mouth is a window to your entire body. So when your oral hygiene is neglected causing cavities, apical abscesses, periodontal and endodontic diseases, the resulting bacteria and inflammation in the mouth can affect multiple systems throughout the body.